

# Delicaé Gourmet Product Information

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## # 48211 Grandma's Country Chicken & Rice

Net Wt. 7 oz. (198g)

**Ingredients:** White Rice, Dehydrated Vegetables (Carrots, Corn, Onions, Peas, Celery), Minced Garlic, Parsley, Sea Salt, Dehydrated Mushrooms, Thyme and Black Pepper.

A delicious chicken dinner with vegetables and rice that puts a smile on Grandpa's face.

### Ingredients needed;

- 1 10 <sup>3</sup>/<sub>4</sub> oz can of cream of chicken soup
- 4 lbs. skinless chicken breasts and thighs
- 4 cups of water or low sodium chicken broth

### Cooking Instructions

- 1. Place the chicken in several layers in the bottom of the slow cooker.
- 2. Layer the contents of the vegetable and spice packet over the chicken.
- 3. Top evenly with the can of cream of chicken soup.
- 4. Slowly pour 4 cups of water or broth over the ingredients.
- 5. Cover and cook on high for 5-6 hours or low for 10-11 hours.

### Serving Suggestions:

Substitute 2 cups of white wine for 2 cups of the water or broth. Top with sour cream and chives.

Add golden raisins and Delicaé Gourmet's Indian Curry Sauce.

Add sun-dried tomatoes and fresh basil leaves for Mediterranean flavor.

## Nutrition Facts

Serving Size As Packaged .90 oz. (25g)

As Prepared 14 oz. (396g)

Servings Per Container 8

Amount Per Serving	As Packaged	As Prepared
<b>Calories</b>	90	370
Calories from Fat	0	60
<b>% Daily Value**</b>		
<b>Total Fat 0g*</b>	<b>0%</b>	<b>10%</b>
Saturated Fat 0g	<b>0%</b>	<b>8%</b>
Trans Fat 0g		
<b>Cholesterol 0mg</b>	<b>0%</b>	<b>44%</b>
<b>Sodium 35mg</b>	<b>1%</b>	<b>17%</b>
<b>Total Carbohydrate 20g</b>	<b>7%</b>	<b>7%</b>
Dietary Fiber 2g	<b>10%</b>	<b>12%</b>
Sugars 3g		
<b>Protein 2g</b>		
Vitamin A	140%	140%
Vitamin C	8%	8%
Calcium	4%	6%
Iron	4%	20%

\* Amount in Mix. As prepared, one serving provides 6g total fat (1.5 saturated fat), 130mg cholesterol, 400mg sodium, 22g carbs (2g fiber, 4g sugar) and 54g protein.

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.